

MINUTES: Healthy Carolinians of Macon County – Substance Abuse Task Force**DATE:** March 25, 2010**PLACE:** Health and Human Services Building**TIME:** 2:00 – 3:30 PM**ATTENDEES:** Stephanie Almeida, Sarah Altman, Rhonda Blanton, Jim Bottomley, Tony Corbin, Jennifer Garrett, M.R. Hall, Marci Holland, Robert Holland, Kathy McGaha, Patti Tiberi and Anne Turner**GUESTS:** Amy Hendricks and Mark Pilon

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Robby Holland welcomed everyone to today's meeting of the Substance Abuse Task Force. Mr. Holland asked the task force members to review the minutes of the last meeting. Jennifer Garrett motioned for the approval of the minutes. Tony Corbin 2 nd the motion, with a unanimous vote for approval.		
Feedback from Wilkes County Trip	<p>Kathy McGaha reported on and gave feedback regarding the recent trip to Wilkes County. The following is a list of who went on the trip:</p> <ul style="list-style-type: none">▪ Kathy McGaha▪ Jennifer Garrett▪ Rhonda Blanton▪ Sarah Altman▪ Sandy Conaty▪ Patti Tiberi <p>Ms. McGaha reported that this group went to review the Project Lazarus program being used in Wilkes County. While there, this group also looked at other things being done in Wilkes County to combat issues such as prescription drug abuse and unintentional drug overdoses.</p> <p>Ms. McGaha said this group was very impressed with efforts that were being done in Wilkes County. Ms. McGaha asked each person that went on the trip to share their views and ideas gathered from this trip.</p> <p>Ms. McGaha asked the task force members if possible to review Project Lazarus and see how this could be used in Macon County.</p>	Kathy McGaha asked the task force members to review Project Lazarus.	

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NC Controlled Substance Reporting System	<p>Kathy McGaha next reported on the North Carolina Controlled Substance Reporting System. Ms. McGaha explained that this system was implemented by the North Carolina Department of Health and Human Services to monitor outpatient dispensing of prescription controlled substances on a statewide basis.</p> <p>Ms. McGaha explained that Fred Branson in Wilkes County had encouraged all local physicians, dentists and pharmacists to enroll in this system and use it. Mr. Branson said this system when used did help with instances of doctor shopping in their county.</p> <p>Ms. McGaha said she would like to encourage all physicians, dentists and pharmacists in Macon County to enroll in this program and use it. Ms. McGaha said she had encouraged Dr. Oliver, the Adult Clinic dentist, to enroll in this program. She reported that Dr. Oliver had submitted his application and was waiting on his approval.</p> <p>Mr. Holland suggested that this committee could possibly host an event to explain this reporting system and how it would benefit these professionals to enroll and use this system. The task force members discussed possible locations and asking task force members to provide a food item.</p> <p>Patti Tiberi stated that Paul Martin gives a talk explaining the difference between addiction and pain. Ms. Tiberi suggested he might be a good speaker for this event and offered to contact him. Ms. Tiberi will also check on the possibility of providing credit hours.</p> <p>Mr. Holland also suggesting inviting a local physician to participate on this task force. Kathy McGaha and</p>	<p>Patti Tiberi will contact Paul Martin and also check on the possibility of providing credit hours.</p>	

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	<p>Jennifer Garrett offered to assist Mr. Holland in talking to the local physicians. One suggestion was to make an invitation to the physicians attending the event discussing the reporting system.</p> <p>Ms. McGaha also suggested possibly promoting this system through the Prevention RX program currently being done by a Health Educator from the Health Center. Ms. McGaha will check further on this.</p> <p>M. R. Hall is currently taking classes for her Master's degree and could survey pharmacies in our county and use this as a class project. Ms. Hall said she could compose a short survey of questions and ask each pharmacy to answer the questions. Ms. McGaha offered to assist her with composing the list of questions.</p>	<p>Kathy McGaha and Jennifer Garrett offered to assist Robby Holland in talking to local physicians.</p> <p>Kathy McGaha will check on the Prevention RX program.</p> <p>M. R. Hall and Kathy McGaha will compose a list of survey questions for Ms. Hall to ask local pharmacies.</p>	
Operation Medicine Drop	<p>Robby Holland reported to the task force members about the recent Operation Medicine Drop held this past Saturday. Mr. Holland explained this event was held state-wide.</p> <p>Mr. Holland said a total of 51,300 pills, tablets and bottles of liquid medicine were collected in Macon County at three locations from 10:00 AM – 3:00 PM. The three locations were:</p> <ol style="list-style-type: none"> 1. K-Mart parking lot 2. Wal-Mart parking lot 3. Highlands Pharmacy storefront <p>Mr. Holland said he hoped to have more collection programs for the county in the future. Mr. Holland stated he is considering conducting a collection program during the county fair in September.</p>		
Other Items for Discussion	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> o The task force members asked about the current status of the proposed billboard from the last 		

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	<p>meeting. Since Sandy Conaty was not at today's meeting, Rhonda Blanton offered to contact her. Ms. Tiberi suggested forming a sub-committee to further work on media for the billboard and information that could be sent home to parents at the first of the school year. Stephanie Almeida offered to assist her. Ms. Tiberi will report on this at the next meeting.</p> <ul style="list-style-type: none"> ○ Jennifer Garrett informed the task force members about the information on a School Nurse website (www.nasn.org). Ms. Garrett said included on the website was a program titled – <i>Smart Moves, Smart Choices: A Prescription Drug Abuse Education Program</i>. Ms. Garrett said this program offers an assembly tool kit and a four-part video series. Ms. Garrett asked the task force members to check out the website. ○ MSGT Mark Polin is with the North Carolina National Guard Counter Drug Task Force. Mr. Polin said the main office for this program is in Charlotte with branch offices in Sylva, Raleigh and Wilmington. Mr. Polin explained that this program provides support to law enforcement agencies and community based organizations to conduct Counter Drug law enforcement operations and drug demand reduction support. Mr. Polin expressed an interest to continue attending our meetings and asked for a letter of interest stating this from our task force. Rhonda Blanton will handle the matter of the letter. ○ Amy Hendricks is the Project Director for the North Carolina Teratogen Information Services and Fetal Alcohol Prevention Program. Ms. Hendricks briefly explained Fetal Alcohol Spectrum Disorder (FASD) and stated that is 100% preventable. Ms. Hendricks said that task 	<p>Rhonda Blanton will contact Sandy Conaty about the status of the billboard project.</p> <p>Patti Tiberi and Stephanie Almeida will work on media information.</p> <p>Jennifer Garrett asked the task force members to check out the School Nurse website.</p> <p>Rhonda Blanton will send a letter to the NC National Guard expressing Mark Polin's interest in attending our future meetings.</p>	

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	force members could contact her for further information or training.		
Next Meeting Date	The next meeting of the Substance Abuse Task Force is scheduled for Tuesday, May 6 th , from 2:00 -3:30 PM in Meeting Rooms A/B at the Health and Human Services Building.		