

MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee**DATE:** December 9, 2008**PLACE:** Community Facilities Building**TIME:** 12:00 N – 1:30 PM**ATTENDEES:** Rhonda Blanton, Tim Crabtree, M.R. Hall, Lisa Hilliard, Kathy McGaha, Sara Melton, Cindy Miles, Sheila Southard, Annette Sutton, Jim Thurmond, Carlos Vargas and Vince West

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Dr. Vargas welcomed everyone to today's meeting of the Elder Care and Caregivers Committee. Dr. Vargas asked the committee members to review the minutes of the last meeting. Vince West motioned for the approval of the minutes. Lisa Hilliard 2 nd the motion, with a unanimous vote for approval.		
Introductions	Dr. Vargas asked everyone to introduce themselves and tell what organization they represent.		
Update on Senior Services Relocation	<p>Sheila Southard updated the committee on the Senior Services Relocation. Ms. Southard said they hoped to be moved into the old library by July 1st. Ms. Southard said the resource center will also be housed in this building.</p> <p>Ms. Southard said several service agencies (like Pathways and Services to the Blind) will also be in the new location on the days these agencies are offering their services to the citizens of Macon County.</p>		
Planning for Future Senior Needs	<p>Cindy Miles said she had updated the County Plan on Aging for Macon County. Ms. Miles passed out copies for the committee members to review. Ms. Miles thanked everyone who assisted in this endeavor.</p> <p>Sheila Southard explained to the committee members she hoped to form an Advisory Council. The Advisory Council members would be from both the HCCBG Advisory Committee and the Elder Care and Caregivers Committee.</p> <p>The committee members began discussing how this committee's work relates to the Senior Service Advisory Council. The Elder Care Committee will provide periodic reports to the Senior Services Advisory Council.</p>		

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	<p>The committee members will continue discussing this issue at a later meeting.</p> <p>Kathy McGaha asked the committee members to consider what particular topics from the County Plan on Aging that they would like this committee to undertake. Ms. McGaha asked the committee members to review this plan and at the next meeting decide which topics this committee will work on.</p> <p>The committee members next discussed Evidence-Based Programs. Ms. Miles and Ms. McGaha explained that this is curriculum or interventions that have been proven to help in a measurable way. The committee members agreed to see what Evidence-Based Programs were in Macon County and bring this information to the next meeting.</p>	<p>Kathy McGaha asked the committee members to review the County Plan on Aging and be prepared at the next meeting to discuss and chose which topics this committee will undertake.</p> <p>The committee members were asked to gather information on Evidence-Based Programs in Macon County and bring this information to the next meeting.</p>	
Other Items for Discussion	<p>Other items for discussion were:</p> <ul style="list-style-type: none">○ Rhonda Blanton passed out a handout from Macon County Transit describing an upcoming Transportation Planning Workshop that will be held on December 16th.○ Sheila Southard told the committee members about a helpline that had been established. The Macon Citizens Helpline (349-2128) is an interim helpline established to assist the residents of Macon County.		
Next Meeting Date	<p>The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, January 20th, from 12:00 Noon – 1:30 PM at the Community Facilities Building.</p>		