

**MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee**

**DATE:** April 2, 2008

**PLACE:** Community Facilities Building

**TIME:** 12:00 N – 1:30 PM

**ATTENDEES:** Rhonda Blanton, Anita Brown, Dorothy Crawford, Mary Ferrick, Lisa Hilliard, Sheila Jenkins, Kathy McGaha, Sara Melton, Michael Rich, Jennifer Turner-Lynn, Kim Watkins, Vince West, Adam Wright and George Young

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Kathy McGaha welcomed everyone to today’s meeting of the Elder Care and Caregivers Committee. Ms. McGaha asked the committee members to review the minutes of the last meeting. Lisa Hilliard motioned for the approval of the minutes. Sara Melton 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Macon County’s Senior Expo & Health Fair	Kathy McGaha next led the committee members in a group discussion on Macon County’s Senior Expo & Health Fair. The following topics were discussed: A. Budget – Adam Wright said he is still working on the budget. B. Exhibition Booth Sales and Registration – George Young stated that 10 booths have been sold so far. Mr. Wright and Mr. Young stated they were confident the booth sales would be alright. C. 10 Nonprofit Booths – Ms. McGaha reviewed the list of non-profits from the minutes. ➤ Area on Aging (Confirmed) ➤ REACH/30 <sup>th</sup> Judicial (Confirmed) ➤ Senior Services (Confirmed) ➤ Hospice ➤ Perpetual Care (Confirmed) ➤ Macon Transit ➤ Health Department (Confirmed) ➤ Senior Games (Declined) ➤ Medical Reserve Corp Ms. McGaha said she will contact the three unconfirmed plus the Sheriff’s Dept. about having a booth. Ms. McGaha also stated that Sherry Dills with Access Care had contacted her about a non-profit booth and the committee members agreed to give her one.	Kathy McGaha will contact Hospice, Macon Transit, Sheriff’s Department and the Medical Reserve Corp about having a non-profit booth.	

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	<p>D. Marketing and Radio – Mr. Young stated that the ads for the Senior Expo &amp; Health Fair started running this week on the radio. Several committee members stated that they had heard them. Mr. West volunteered to place flyers advertising this event around the community.</p> <p>E. Space and Facilities – Mr. Young asked if the radio station could set up the night before. The only conflict is women’s league volleyball. The Rec. Park will contact Gloria Thun, about the possible cancellation of the volleyball games. If cancelled, the Rec. Park will need to agree to place the tarp down on the gym floor Thursday afternoon.</p> <p>F. Food</p> <ul style="list-style-type: none"> <li>➤ Breakfast – Mr. Wright stated that breakfast had been ordered from Angel Medical Center for that morning.</li> <li>➤ Snacks – Mr. Wright said the fruit was ordered from Edible Arrangements and he was working on obtaining the other snacks.</li> </ul> <p>G. Education Seminars – Lisa Hilliard reviewed the schedule for the Education Seminars.</p> <ul style="list-style-type: none"> <li>➤ 10: 15 - 10:45 Surfing the Internet presented by Macon County Public Library staff</li> <li>➤ 11:00 – 11:30 Advance Directives/Powers of Attorney/Guardianship – Clerk of Court Office</li> <li>➤ 12:30 – 1:00 Disaster Planning – Macon County EMS and Senior Services</li> <li>➤ 1:15 – 1:45 Resources available to Caregivers &amp; Senior Friendly Concept – Sara Melton and Cindy Miles</li> </ul>	<p>Vince West and Senior Game volunteers will place flyers for this event around the community.</p>	

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	<p>H. Screenings – Ms. McGaha said after talking with Highlands-Cashiers Hospital, it was decided they would not be able to participate due to the change in time for the event. The committee members suggested contacting the Lions Club to conduct vision screenings and Ms. McGaha agreed to contact them. Ms. McGaha said she has confirmed the three following screenings:</p> <ul style="list-style-type: none"> <li>➤ Haywood Osteoporosis Center – Bone Density</li> <li>➤ Macon County Health Department – Blood Pressure</li> <li>➤ Angel Medical Center - Balance</li> </ul> <p>I. Any Other Report – Ms. McGaha questioned the committee members about gifts for the speakers. Ms. McGaha stated last year she had bought each speaker a nice gift, but the funds were not available this year. The committee members agreed that a nice thank-you card would be fine.</p>	<p>Kathy McGaha will contact the Lions Club about conducting vision screenings.</p>	
<p>Other Items of Discussion</p>	<p>Vince West invited the committee members to attend the upcoming Senior Games Flea Market set for April 4<sup>th</sup> starting at 8:00 AM. Mr. West stated that all booth spaces had been taken and they had several names on the waiting list.</p>		
<p>Next Meeting Date</p>	<p>The next meeting for the Elder Care and Caregivers Committee will bet set at a future date.</p>		