

**MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee**

**DATE:** March 11, 2008

**PLACE:** Community Facilities Building

**TIME:** 12:00 N – 1:30 PM

**ATTENDEES:** Rhonda Blanton, Anita Brown, Sherry Dills, Lisa Hilliard, Sheila Jenkins, Kathy McGaha, Sara Melton, Sherrie Peeler, Michael Rich, Carlos Vargas, Kim Watkins, Vince West, Adam Wright and George Young

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Dr. Vargas welcomed everyone to today's meeting of the Elder Care and Caregivers Committee. Dr. Vargas asked the committee members to review the minutes of the last meeting. Vince West motioned for the approval of the minutes. Lisa Hilliard 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Introductions	Dr. Vargas asked everyone to introduce themselves and tell what organization they represented.		
Macon County's Senior Expo & Health Fair	<p>Dr. Vargas next led the committee members in a group discussion on Macon County's Senior Expo &amp; Health Fair. The following topics were discussed:</p> <ul style="list-style-type: none"><li>A. Proposed Budget – Adam Wright said he was working on the budget and would have it more finalized by the next meeting.</li><li>B. Exhibition Booth Sales and Registration – Adam Wright said letters had been mailed to booth sales from last year. Mr. Wright said the salespeople will follow-up with phone calls and a visit.</li><li>C. 10 Nonprofit Booths – Kathy McGaha asked the committee members to consider who should have the 10 nonprofit booths. The committee members made the following suggestions:<ul style="list-style-type: none"><li>➤ Area on Aging</li><li>➤ REACH/30<sup>th</sup> Judicial</li><li>➤ Senior Services and possibly DSS with them</li><li>➤ Hospice</li><li>➤ Perpetual Care</li><li>➤ Macon Transit</li><li>➤ Health Department</li><li>➤ Senior Games</li><li>➤ Medical Reserve Corp</li></ul></li></ul>		

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	<p>Hospice, Macon Transit and Medical Reserve Corp will need to be contacted to see if they want to participate. Lisa Hilliard will check with Jane Kimsey about DSS.</p> <p>D. Marketing and Radio – George Young said the radio ads for the event will start running around the first of April. Mr. Wright said the flyers could be ready by next week and he will bring some to the next meeting.</p> <p>E. Space and Facilities – The whole facility is booked for the event time frame on April 25<sup>th</sup>. Mr. Wright asked about the exact number of booths that can be placed in the gym area. Rhonda Blanton will obtain the diagram used last year and bring copies to the next meeting.</p> <p>F. Food</p> <ul style="list-style-type: none"> <li>➤ Breakfast- Adam Wright said he had not talked yet with Teresa Breedlove, but would get in touch with her before the next meeting.</li> <li>➤ Snacks – Adam Wright said he had ordered fruit from Edible Arrangements and would check with A Roomful of Nuts about nuts or trail mix.</li> </ul> <p>G. Entertainment – After a group discussion, the committee members agreed on having no entertainment this year.</p> <p>H. Education Seminars – Lisa Hilliard and Sheila Jenkins reported that they have had initial contact with all suggested speakers except Karen Wallace at the library. The following topics will be offered for the education seminars:</p> <ul style="list-style-type: none"> <li>❖ Caregiver Issues</li> <li>❖ Surfing the Internet</li> <li>❖ Advance Directives, Power of Attorney and Trusts</li> </ul>	<p>Lisa Hilliard will check with Jane Kimsey on booth space for DSS.</p> <p>Adam Wright will bring flyers to the next meeting.</p> <p>Rhonda Blanton will obtain the gym diagram and booth space breakdown used last year and bring copies to the next meeting.</p> <p>Adam Wright will contact Teresa Breedlove concerning the breakfast.</p> <p>Adam Wright will follow-up on obtaining other snacks.</p> <p>Lisa Hilliard and Sheila Jenkins will finalize times for the education seminars.</p>	

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	<ul style="list-style-type: none"><li>❖ Disaster Planning</li><li>I. Screenings – Kathy McGaha asked the committee members to consider if the screenings would be held in the gym area or in a separate room. The committee members discussed the pros and cons of both locations. Ms. McGaha said she thought blood pressures should be located in a separate room.</li><li>J. Any Other Report</li></ul>		
Other Items for Discussion	Rhonda Blanton passed out a flyer for the upcoming event – <i>Risky Behaviors: What Every Parent Should Know</i> . This event will be held at FHS Fine Arts Center on March 17 <sup>th</sup> starting at 6:30 PM.		
Next Meeting Date	The next meeting of the Elder Care and Caregivers Committee will be held on Wednesday, April 2 <sup>nd</sup> , from 12:00 Noon – 1:30 PM at the Community Facilities Building.		