

**MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee****DATE:** February 5, 2008**PLACE:** Community Facilities Building**TIME:** 12:00 N – 1:30 PM**ATTENDEES:** Rhonda Blanton, Dorothy Crawford, John Crawford, Lisa Hilliard, Sheila Jenkins, Kathy McGaha, Ann Nandrea, Sherrie Peeler, Carlos Vargas, Vince West, Adam Wright and George Young

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Dr. Vargas welcomed everyone to today's meeting of the Elder Care and Caregivers Committee. Dr. Vargas asked the committee members to review the minutes of the last meeting. Sheila Jenkins motioned for the approval of the minutes. Lisa Hilliard 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Introductions	Kathy McGaha asked everyone to introduce themselves and tell what organization they represented.		
Macon County's Senior Expo & Health Fair	<p>Dr. Vargas next led the committee members in a group discussion on Macon County's Senior Expo &amp; Health Fair. The following topics were discussed:</p> <p>A. Title?? – After a brief group discussion, the committee members decided to leave the title of the event as is for this year. The committee will revisit the topic of changing the title next year.</p> <p>B. Exhibition Booth Sales and Registration – Mr. Wright reviewed the radio packages that were offered last year. Mr. Wright said the booth packages would be increased by \$25.00. Ms. McGaha questioned why there was an increase because meal expenses were decreased. Mr. Wright stated that some of the radio station's expenses were not included last year. Mr. Wright said they are considering offering another package that would offer a booth with no radio spots. Ms. McGaha stated that last year 10 Non-Profits were offered free booths. Ms. McGaha said the committee would discuss non-profits at the next meeting.</p> <p>C. Marketing and Radio – The committee members discussed whether to do newspaper ads again this year. One factor to be considered is the price.</p>	<p>Kathy McGaha will contact Chris Casses about putting event information on the</p>	<p>Kathy McGaha contacted George Young and asked if a budget draft could be shared at the next meeting.</p>

## MINUTES: Elder Care and Caregivers Committee

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<p>The committee members did agree to use flyers again this year and prices for printing these will need to be checked. Ms. McGaha said she will contact Chris Casses about putting information on the county website.</p> <p>D. Space and Facilities – Ms. Jenkins suggested we should recheck on the fee for using the Community Facilities Building. Ms. Jenkins volunteered to do this.</p> <p>E. Food</p> <ul style="list-style-type: none"> <li>➤ Breakfast – The committee members agreed for the hospital to provide the food for the breakfast. Mr. West will provide a number of Senior Game attendees for the food count.</li> <li>➤ Snacks – The committee members suggested only having healthy snacks such as fresh fruit and granola bars.</li> </ul> <p>F. Entertainment – Ms. McGaha asked the committee members to consider entertainment options and bring these suggestions to the next meeting.</p> <p>G. Education Seminars – Ms. Hilliard and Ms. Jenkins stated they had met and discussed topics for the education seminars. Ms. Hilliard and Ms. Jenkins offered the following topics and speakers for consideration:</p> <ul style="list-style-type: none"> <li>➤ Caregiver Issues – Cindy Miles, Sara Melton and Sherrie Peeler</li> <li>➤ Advance Directives, Power of Attorney and Trusts – Vic Perry</li> <li>➤ Surfing the Internet – Staff of Macon County Public Library</li> <li>➤ Disaster Planning – Warren Cabe and Karen Wisman</li> </ul> <p>H. Screenings – Ms. McGaha said that Angel</p>	<p>county website.</p> <p>Sheila Jenkins will recheck on the cost of using the Community Facilities Building.</p> <p>Vince West will provide the number attending the Senior Games breakfast.</p> <p>Kathy McGaha asked the committee members to consider entertainment options and bring suggestions to the next meeting.</p> <p>Kathy McGaha will continue working on the screenings.</p>	

**MINUTES: Elder Care and Caregivers Committee**

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION</b>	<b>FOLLOW-UP</b>
	<p>Medical Center and Highlands-Cashiers Hospital have agreed to do screenings again this year. Ms. McGaha will ask the Health Department about participating again this year and will discuss this at a Health Department meeting later this week. Ms. McGaha will also contact Haywood Medical Center. Ms. McGaha also asked if other screenings needed to be offered. The committee members considered offering screenings for hearing and vision. Mr. Wright offered to follow-up on the hearing. The committee members also considered contacting the Bloodmobile to see if it could be present.</p> <p>I. Any other report</p>	<p>Adam Wright will check on a hearing screening.</p>	
Senior Friendly Communities	<p>Sheila Jenkins briefly explained Senior Friendly Communities to the committee members. Ms. Jenkins informed the committee members of what liveable and senior friendly communities are and why they are important.</p> <p>Ms. Jenkins stated there will be a community-wide meeting on Senior Friendly Communities on March 27<sup>th</sup> starting at 10:00 AM at the Community Facilities Building. The main speakers will be Mary Barker and Cindy Miles. Ms. Jenkins invited all committee members to attend.</p>		
Next Meeting Date	<p>The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, March 11<sup>th</sup>, from 12:00 Noon – 1:30 PM at the Community Facilities Building.</p>		