

MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee

DATE: January 25, 2011

PLACE: Senior Services Center

TIME: 12:00 N – 1:30 PM

ATTENDEES: Ronnie Beale, Rhonda Blanton, Dorothy Crawford, John Crawford, Kim Gardner, Mike Grubermann, Lisa Hilliard, Leslie Lawson, Kathy McGaha, Cindy Miles, Jack Morgan, Sherrie Peeler, Derek Roland. Sheila Southard and Vince West

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Sheila Southard welcomed everyone to today's meeting of the Elder Care and Caregivers Committee. Ms. Southard asked the committee members to review the minutes of the last meeting. Mike Grubermann motioned for the approval of the minutes. Derek Roland 2 nd the motion, with a unanimous vote for approval.		
Senior Friendly Advocacy Efforts	Sheila Southard led the committee members in a continued discussion on the topic of Senior Friendly Advocacy Efforts. Ms. Southard stated that she had contacted Richard Duncan about coming to our county to speak. Mr. Duncan is currently the Coordinator of Training at the Center for Universal Design and is Senior Project Manager at North Carolina State University. Mr. Duncan is considered an expert in the field of architectural accessibility and universal design. Ms. Southard said the fee for Mr. Duncan was \$1000 per day plus travel expenses. Ms. Southard and Ms. Miles recently met with Mary Barker to discuss our idea of hosting this event as a regional event to see if other counties might possibly help with the costs. Ms. Barker said she could cover some of the costs of this event if it is offered for the region. Ms. Southard said she would contact the other western counties to see if the other counties could help with any of the costs. The committee members next reviewed the list of who the target audience would be for this event. Previously, the committee members had listed the target audience as	Sheila Southard stated she would contact other western counties, to see if they would contribute towards Richard Duncan's visit.	

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	local real estate agents, homebuilders and contractors. The committee members suggested a meeting with Lewis Penland (President of the local Realtor's group), to explain our ideas and get his opinions. Ms. Southard offered to contact Mr. Penland. The committee members discussed having Mr. Duncan to speak at the monthly realtor's breakfast, if it can be arranged with Mr. Penland. Mr. Duncan then could cover the regional counties and the general public at either a luncheon or dinner event. Ms. Southard stressed that if a person could age in place at their own residence, it would save on Medicaid dollars. Mr. Beale also explained that if a residence was ADA compliant, it was already "senior friendly". Mr. Beale stated that remodeling a residence to make it "senior friendly" is very expensive. Ms. Southard said the committee would continue this discussion at the next meeting, after she had received more information from Mr. Duncan and she had contacted Mr. Penland.	Sheila Southard will contact Lewis Penland.	
Other Items for Discussion	Other Items for Discussion: - o Sheila Southard said Franklin's Leadership Program will start in March. Ms. Southard stated that one section of the program will cover senior issues and include a section on Senior Friendly Communities. - o Rhonda Blanton stated she will be taking a mini-vacation soon in the Gatlinburg-Pigeon Forge area. Ms. Blanton stated the promotional materials that she has received have promoted a program called <i>Retire Tennessee</i>. Ms. Blanton said she had looked at this program and was impressed with its promotion on retiring in		

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	Tennessee. Ms. Blanton asked the committee members to look at this program if possible. Ms. Blanton stated that she had also told the local chamber about it.		
Next Meeting Date	The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, February 22 nd , from 12:00 N – 1:30 PM at the Senior Services Center.		