



# Macon County Public Health

Lynn Baker  
Population Health Section Administrator  
1830 Lakeside Drive  
Franklin, NC 28734  
Voice: 828-349-2437  
lbaker@maconnc.org

## PressRelease

### April Ladies Night Out Program

You Go Girl!

“You Go Girl!” will be the theme at the upcoming April 24, 2018 Ladies Night Out program on sexual/domestic assault awareness. Danny Antoine will be guest speaking.

We will be taking donations for REACH. Items in need are: shampoo and conditioner, detergent pods, dish soap, wipes and diapers, all-purpose cleaner, trash bags, feminine products, pillows, towels, and reading materials. Monetary donations are also welcomed.

Ladies Night Out is a partnership between Macon County Public Health and Angel Medical Center to provide free monthly programs on a variety of health topics for women with an emphasis on the importance of regular health screenings.

Ladies Night Out will have one program at 5:30 p.m. in the cafeteria at AMC. All women are invited to attend this meeting and are asked to encourage all the women in their life, who are over the age of 13 years, to attend with them.

PHOTO CAPTION: Door prize winners for Ladies Night Out and Men’s Night Out in March at the 5:30 p.m. meeting were: Dan Holman, Grace Johnson, Charles Tucker, Jody Turner, Cherry Starkweather, Barbara Hanak, Beverly Driscoll, Martha Bates, Kathy Plantz, Carol Heavner.



LNO & MNO 5:30 p.m.