



Macon County Public Health

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Press Release

Ladies Night Out Program Cares

The women of Ladies Night Out have expressed interest in giving back to the community, so each month those in attendance bring donation items for local charities and community programs. Ladies in attendance to the program at AMC chose to give back by bringing donation items for Kid's Place, CareNet, and REACH since the beginning of the year. Kid's Place has received individually packaged snacks, the total donation to CareNet was 28 pounds of canned and non-perishable food items, and REACH was provided with personal hygiene products.

Ladies Night Out is a partnership between Macon County Public Health and Angel Medical Center to provide free monthly programs on a variety of health topics for women with an emphasis on the importance of regular health screenings. This program is held in the cafeteria at AMC on the fourth Tuesday of each month at 5:30. All women are invited to attend one of these meetings and are asked to encourage all the women in their life, who are over the age of 13 years, to attend with them.

If you are interested in attending Ladies Night Out or have questions, please feel free to contact Lynn Baker, Macon County Public Health Population Health Section Administrator (828-349-2437), Lyndsey Henderson, Macon County Public Health Community Health Promotion Coordinator (828-349-2086), or Bonnie Peggs, Angel Medical Center Public Relations and Chaplaincy (828-349-6639).



Donations presented to Brenda Taylor of Kid's Place by Lyndsey Henderson (Macon County Public Health) on behalf of Ladies Night Out program.



Donations presented to Shirl Frantz of CareNet by Lyndsey Henderson (Macon County Public Health) and Bonnie Peggs (Angel Medical Center) on behalf of Ladies Night Out program.



Donations presented to Andrea Anderson and Jennifer Turner Lynn of REACH by Lyndsey Henderson (Macon County Public Health) and Bonnie Peggs (Angel Medical Center) on behalf of Ladies Night Out program.