



Key Points

- Cases
 - There is a person with a positive test result who is isolating in Macon County, there are no confirmed cases of COVID-19 in Macon County residents as of 2:00pm on March 17, 2020
- Testing
 - Number of tests available at MCPH: 4
 - 35 are on their way from the state, and 15 more from LabCorp
 - Ordering the max that we are able to order right now
 - Coordinating with Warren Cabe to get more tests
 - Testing available, if
 - You are symptomatic (including a fever) and had contact with a known positive of COVID-19
 - OR**
 - You are symptomatic (including a fever) and have a negative flu test
- Symptoms include
 - Fever
 - Cough
 - Shortness of breath
- Those who are most at risk
 - Over 60 years' old
 - Diseases of the heart or lungs
 - Diabetics
 - Those who are immunocompromised
- Spread
 - From person-to-person contact, including; between people who are in close contact with one another (within about 6 feet), and through respiratory droplets produced when an infected person coughs or sneezes.
- Prevention
 - Wash your hands
 - Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if they are visibly dirty.
 - When to avoid contact
 - Stay home when you are sick.
 - Avoid close contact with people who are sick.
 - Practice social distancing
 - Face Masks
 - There has been a lot of information in the news about face masks, and it is important to understand face masks are not recommended for general use. The best use of face masks are for those who are sick and healthcare workers.

- Cover your cough
 - Cover your cough or sneeze with a tissue, then throw the tissue in the trash, or cough or sneeze into your elbow.
- Increase Cleaning
 - Clean and sanitize frequently touched objects and surfaces using regular household cleaning spray or wipes.
- Questions or Possible Contact call (828) 349-2517.