



Macon County Public Health

Kathy McGaha
Public Information Officer
1830 Lakeside Drive
Franklin, NC 28734
Voice: 828-349-2475
kmcgaha@maconnc.org

PressRelease

November Ladies Night Out Program

Stroke Prevention

Join us at the Ladies Night Out program on Tuesday, November 12, 2019, Cara Smith, BSN, RN, CPEN from Angel Medical Center will be speaking about Stroke Prevention. The program will begin at 5:30 p.m. in the cafeteria at Angel Medical Center. All women are invited to attend this meeting and are asked to encourage all the women in their life, who are over the age of 13 years, to attend with them.

We will be taking donations for REACH of Macon County and they are currently in need of scarves, hats, and gloves. Monetary donations are also welcomed for REACH or Ladies Night Out Gap funds.

Ladies Night Out is a partnership between Macon County Public Health and Angel Medical Center to provide free monthly programs on a variety of health topics for women with an emphasis on the importance of regular health screenings.

###