



Macon County Public Health

Lynn Baker
Population Health Section Administrator
1830 Lakeside Drive
Franklin, NC 28734
Voice: 828-349-2437
lbaker@maconnc.org

PressRelease

Ladies Night Out Program Cares

The women of Ladies Night Out have expressed interest in giving back to the community, so each month those in attendance bring donation items for local charities and community programs. Ladies attending the March program at AMC chose to give back by bringing donation items for Read2Me.

Ladies Night Out is a partnership between Macon County Public Health and Angel Medical Center to provide free monthly programs on a variety of health topics for women with an emphasis on the importance of regular health screenings. This program is held in the cafeteria at AMC on the fourth Tuesday of each month at 5:30. All women are invited to attend one of these meetings and are asked to encourage all the women in their life, who are over the age of 13 years, to attend with them.

If you are interested in attending Ladies Night Out or have questions, please feel free to contact Lynn Baker, Macon County Public Health Population Health Section Administrator (828-349-2437), Lyndsey Henderson, Macon County Public Health Community Health Promotion Coordinator (828- 349-2086), or Bonnie Peggs, Angel Medical Center Public Relations and Chaplaincy (828-349- 6639).

Photo Caption: Donations presented to Diane Cotton of Read2Me by Bonnie Peggs (Angel Medical Center) on behalf of Ladies Night Out program.

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