

RECOMMENDED PICKUP AND GO TOTE ITEMS
REMEMBER TO CHANGE COTHING ITEMS IN THE TOTE AS THE SEASONS CHANGE
(ALSO BE SURE TO ROTATE ANY BATTERIES AND FOOD ITEMS IN TOTE BY EXPIRATION DATES)

CLOTHING ITEMS

At least 3 to 5 changes of underwear
3 changes of outer clothing
3 to 5 changes of socks

- WINTER;** Warm shoes/snow boots
Heavy socks
Heavy shirts/sweaters and pants/skirt/dress
Lightweight t-shirt/tank (if in evacuation center, layers are a good idea for dressing to accommodate heat/cold.)
- SPRING;** Lightweight shirts and pants
Rain coat, hat, waterproof shoes
Collapsible umbrella
- SUMMER;** Cotton/lightweight shirts/pants/shorts
Sandals/flip flops/slip on shoes
Lightweight socks
- FALL;** Variety of lightweight clothing with a sweater/jacket for layering.

As seasonal rotation is maintained regularly, you will be able to know what clothing items are appropriate to keep in the tote for any season. Summer and winter are the two months that require most attention to detail of clothing items included.

ALL SEASON; A pair of house slippers, socks, sweater/sweatshirt, lap throw, undergarments and t-shirt are all essential items that are multi-purpose and can be used with any season in case of evacuation.

Include at least a half gallon of bottled water, whole grain, healthy snacks and dried fruit or cereal/energy bars.

ITEMS TO BE INCLUDED IN A ZIPLOCK BAG

- Copy of identifications (SS card, Driver's license, birth certificate, etc)
- Bank information, credit card information, including contact information and numbers, security code and expiration dates.
- Copy of insurance information; home, health and car
- Emergency contact information; setting up an outside contact person to get in touch with to relay information is a good idea.
- Important papers; marriage licenses/death certificates/etc.
- Copies of all prescriptions; eyeglasses, hearing aids, medications, etc
- Copies/pictures of treasured items

ADDITIONAL ITEMS TO INCLUDE

- Refill bottles of medications with at least a 3 day supply of medicines.
- Small toiletry items; toothpaste, deodorant, razor, lotions, shampoo/conditioner, hairbrush/comb (due to flight travel regulations, most stores sell sets of small sized toiletry items that take up limited space).
- Second set of eyeglasses. •Batteries for hearing aids
- Extra set of house, car keys.

Store your kit in a convenient place like a front closet or back exit door and make known to all family members. Change your stored water supply every 6 months, rotate stored food at least every 3 to 6 months.

Re-think your kit, its contents, and your needs once a year.