

# Community Fitness Event

Proof of Attendance

**Macon County Employee Name:** \_\_\_\_\_

**Department:** \_\_\_\_\_

**Community Fitness Event:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Contact:** \_\_\_\_\_

**Employee Signature:** \_\_\_\_\_

Examples of fitness activities include, but are not limited to: Relay for Life, March of Dimes, Nantahala Hiking Club hikes, 5Ks, Bike Races, etc. If an event is not listed please contact Emily Ritter at (828) 349-2437, [eritter@maconnc.org](mailto:eritter@maconnc.org) or Kristina Loughborough, [kloughborough@maconnc.org](mailto:kloughborough@maconnc.org) at (828) 349-2425 to determine if event counts to receive LIFE points.

Proof of Attendance Sheet MUST be turned in to Lyndsey Henderson at the Macon County the Public Health Center in order to receive points.

Participants can receive 7 LIFE points for participating in these events. Maximum LIFE points that can be earned for these events are 35 LIFE points.

