

**MINUTES: Healthy Carolinians of Macon County – Strengthening Families Committee**

**DATE:** March 12, 2008

**PLACE:** Macon County Public Library

**TIME:** 12:00 N – 2:00 PM

**ATTENDEES:** Vanessa Bailey, Becky Barr, Rhonda Blanton, Jim Bottomley, Teresa Breedlove, Sandra Conaty, Margaret Freeman, Jennifer Garrett, Marci Holland, Stacey Jenkins, Jeff King, Kathy McGaha, Diana Reese, Yvonne Robinson, Julie Rogers, Sarah Thach, Jennifer Turner-Lynn, Carlos Vargas, Vince West and Rick Westerman

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION</b>	<b>FOLLOW-UP</b>
Welcome and Approval of Minutes	Sarah Thach welcomed everyone to today's meeting of the Strengthening Families Committee. Kathy McGaha asked the committee members to review the minutes of the last meeting. Vince West motioned for the approval of the minutes. Margaret Freeman 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Lunch	Lunch was provided by Healthy Carolinians of Macon County.		
Introductions	Kathy McGaha asked everyone to introduce themselves and tell what organization they represented.		
Brief Summary of Past Meetings	<p>Kathy McGaha gave a brief review of why this committee was created and summarized the past three meetings. Ms. McGaha stated that the ultimate goal is to strengthen families by reducing youth risky behavior. Ms. McGaha recounted that this was one priority from the Community Health Assessment.</p> <p>Ms. McGaha stated that after a group discussion at the last meeting two topics in need of further discussion became evident. They were transportation and school-based/linked health centers. The committee members agreed to further discuss these two topics at the next meeting.</p>		
Public Transportation in Macon County	Kim Angel was unable to attend today's meeting and give an update on public transportation in Macon County.		
Report on School Based/Linked Health Centers	Jennifer Garrett reported on school-based and school-linked centers. Ms. Garrett asked the committee members to review several handouts that were passed out. Ms. Garrett next explained the differences between a school-based center and a school-linked center.		

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	<p>Ms. Garrett said a school-based center is a clinic located at a school or on school grounds. This clinic is only used by students. The hours are usually 7:30 AM – 2:30 PM.</p> <p>Ms. Garrett said a school-linked center can be located on school grounds, but is usually located off school grounds. She stated that this center often serves more than one school. Ms. Garrett said this center usually offers extended hours to also serve the community.</p>		
<p>Review Selected Interventions for Strengthening Families</p>	<p>At the last meeting, the committee members reviewed a list of interventions and reviewed the list of categories with subdivisions. After a group discussion, the committee members reorganized the categories and subdivisions:</p> <ul style="list-style-type: none"> <li>❖ Access to Care               <ul style="list-style-type: none"> <li>○ Free Health Clinics</li> <li>○ Comprehensive Community Health Center</li> <li>○ Mental Health Services</li> </ul> </li> <li>❖ Businesses               <ul style="list-style-type: none"> <li>○ Parenting Programs at Workplaces</li> <li>○ Create Post-Jail Employment Opportunities/Educate Businesses</li> <li>○ Business Incentives for Child Care</li> </ul> </li> <li>❖ Create Positive Atmosphere               <ul style="list-style-type: none"> <li>○ Delete “Rants &amp; Raves” from paper</li> <li>○ Inspirational News Stories</li> <li>○ Local Festival/Health Fair including promotion</li> </ul> </li> <li>❖ Local Family Resource Center               <ul style="list-style-type: none"> <li>○ Character Education Programs outside Schools</li> <li>○ Mentoring Programs</li> <li>○ Teach Parents how to set Expectations of Kid’s Behavior</li> <li>○ Teen Pregnancy/Sex Education outside</li> </ul> </li> </ul>		

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	<p>Schools</p> <ul style="list-style-type: none"> <li>○ More Church and Community Outreach</li> <li>○ Tie into Churches, Businesses working with Families</li> <li>○ Helpline (including referrals and some crisis)</li> <li>○ Recreation Center</li> <li>○ Publications of Local Resources</li> <li>○ Community Day Care Program</li> <li>○ Classes for Adults to bridge “Generation Gap”</li> </ul> <p>❖ Other</p> <ul style="list-style-type: none"> <li>○ Expansion of Local Transportation System</li> <li>○ Emergency Housing /Homeless Shelter/Soup Kitchen</li> <li>○ More School Personnel – ex: SRO’s and school nurses</li> <li>○ School-linked Health Center</li> <li>○ Develop a Local Foundation</li> <li>○ More Inter-Church Collaboration</li> </ul>		
Strategies: Key Steps of Action (What will it take to implement the intervention?)	See attached draft of action plan.		
Strategies: Roles and Responsibilities (Who is going to do what?)	See attached draft of action plan. This topic will be further discussed at the next meeting.		
Evaluation Measures	Sarah Thach said evaluation measures will be discussed at the next meeting.		
Next Meeting Date	The next meeting of the Strengthening Families Committee will be held on Wednesday, April 16 <sup>th</sup> , from 12:00 N – 2:00 PM at the CARENET building at 130 Bidwell Street.		