

MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee

DATE: March 10, 2009

PLACE: Community Facilities Building

TIME: 12:00 N – 1:30 PM

ATTENDEES: Rhonda Blanton, Tim Crabtree, Dorothy Crawford, John Crawford, Sherry Dills, Sean Gibson, M. R. Hall, Laura Knight, Kathy McGaha, Sarajane Melton, Cindy Miles, Sherrie Peeler, Michael Rich, Sheila Southard and Vince West

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Kathy McGaha welcomed everyone to today’s meeting of the Elder Care and Caregivers Committee. Ms. McGaha asked the committee members to review the minutes of the last meeting. Vince West motioned for the approval of the minutes. M. R. Hall 2 nd the motion, with a unanimous vote for approval.		
Introductions	Kathy McGaha asked everyone to introduce themselves and tell what organization they represented.		
Senior Expo and Health Fair	Kathy McGaha led the committee members in a group discussion on the Senior Expo and Health Fair. The following topics were discussed: A. Proposed Budget – Sean Gibson is still working on the proposed budget. B. Exhibition Booth Sales and Registration – Mr. Gibson said 13 booths have committed, but he expects more as the date gets closer. C. 10 Nonprofit Booths – Rhonda Blanton contacted the following non-profits about having a booth at the expo: 1. REACH/30 th Judicial – Yes 2. Area on Aging – Yes 3. Senior Services/DSS – Yes 4. Hospice – Yes 5. Macon Transit – Yes 6. Medical Reserve Corp. – Yes 7. Health Department – Yes 8. Perpetual Health – Yes 9. Sheriff’s Dept./EMS – Yes 10. Access Care – No 11. Nantahala Hiking Club – Yes ➤ The committee members were in agreement to offer a booth to the office of	Rhonda Blanton will contact the office of the Clerk of Court about having a non-profit booth.	

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	<p>Clerk of Court. Ms. Blanton will contact this office about the expo.</p> <p>D. Marketing and Radio – Mr. Gibson said that the Senior Expo ads will start running on the radio on April 1st. Vince West said he will include a sheet with this information in the Senior Games packets.</p> <p>E. Space and Facilities – The committee members questioned what time the building would open the day of the expo. Ms. Blanton said last year the building opened at 7:30 AM. Ms. Blanton will check on this time and let the committee members know.</p> <p>F. Food –</p> <ul style="list-style-type: none"> ➤ Breakfast – Mr. Gibson will contact AMC about the full breakfast. The times for breakfast will be 9:00 AM – 10:00 AM. ➤ Snacks – Mr. Gibson said the snacks will be similar to last year. <p>G. Entertainment – Mr. Gibson said the Elvis impersonator is lined up and will appear from 11:00 AM – 11:45 AM.</p> <p>H. Education Seminars – Ms. Blanton checked with Barbara Helm on what time she was available on May 1st for Tai Chi. Ms. Helm is available starting at 12:30 PM and can teach either one or two classes.</p> <p>I. Screenings – Ms. McGaha said she has checked with the following organizations concerning the screenings:</p> <ul style="list-style-type: none"> ➤ Macon County Public Health Center will do blood pressures. ➤ Haywood Osteoporosis Center will do bone density screenings. ➤ Lions Club will do vision screenings. ➤ Angel Medical Center last year did 	<p>Vince West will include a sheet with the expo information in the packets for Senior Games.</p> <p>Rhonda Blanton will verify the time the Community Building will open the day of the expo.</p> <p>Sean Gibson will contact AMC about ordering the food for the Senior Games breakfast.</p> <p>Kathy McGaha will contact the Physical Therapy Department at AMC about what screening they will provide.</p>	

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	<p>balance screenings. Ms. McGaha is still checking on this one.</p> <p>J. Other – Other items discussed were:</p> <ul style="list-style-type: none"> ➤ The committee members discussed and agreed not to provide lunch for the people manning the booths. ➤ The committee members asked if bottled water was being provided. Ms. Blanton suggested to Mr. Gibson to contact the local water bottling companies about seeking donations of bottled water. Mr. Gibson will follow up with this. 	<p>Sean Gibson will contact the local water bottling companies about seeking donations of bottled water.</p>	
Other Items for Discussion	<p>Other items for discussion were:</p> <ul style="list-style-type: none"> ○ Sheila Southard updated the committee members on the status of the new Senior Services Center. The construction is running behind schedule due to meeting building codes and regulations like the installation of a sprinkler system in the building. Ms. Southard said the move will occur in July or later. ○ Kathy McGaha asked the committee members to consider what the next project for this committee would be once the Senior Expo is completed. Suggestions were: <ul style="list-style-type: none"> ❖ Retirement communities ❖ Senior Friendly Housing <ul style="list-style-type: none"> ▪ Trainings (Ms. McGaha asked Cindy Miles if she could check on possible trainings.) 	<p>Cindy Miles will check on possible trainings for Senior Friendly Housing.</p>	
Next Meeting Date	<p>The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, April 14th, from 12:00 Noon – 1:30 PM at the Community Facilities Building.</p>		