

**MINUTES: Healthy Carolinians of Macon County – Chronic Disease Committee**

**DATE:** September 2, 2008

**PLACE:** Angel Medical Center

**TIME:** 9:00 – 10:30 AM

**ATTENDEES:** Becky Barr, Tomekia Battle, Rhonda Blanton, Teresa Breedlove, Sherry Dills, Jennifer Garrett, Mike Grubermann, Sherry Held, Jennifer Hollifield, Kathy McGaha, Kimi Stevens and Yvonne Smith

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Teresa Breedlove welcomed everyone to today's meeting of the Chronic Disease Committee. Ms. Breedlove asked the committee members to review the minutes of the last meeting. Sherry Held motioned for the approval of the minutes. Jennifer Hollifield 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Introductions	Teresa Breedlove asked everyone to introduce themselves and tell what organization they represented.		
Breakfast	Breakfast was provided by Angel Medical Center. Please thank Teresa Breedlove and her staff.		
MCPHC 2008/2009 Health Promotion Plan	<p>Jennifer Hollifield explained that for the MCPHC 2008/2009 Health Promotion Plan there will be a continuation and expansion of the church wellness program. The program this year will start on September 28<sup>th</sup> and will be titled – Walk to Bethlehem.</p> <p>The expansion includes adding another church to the program. This church will be Watauga Baptist Church. Ms. Hollifield stated that she had received phone calls from other churches inquiring about joining this program.</p> <p>Ms. Hollifield also stated that later in the year she will be working with the Town of Franklin on developing a tobacco policy for the town. She informed the committee members that the Town of Highlands and Macon County have plans already in place.</p> <p>Becky Barr said an application had been sent in for the Eat Smart, Move More Grant. Ms. Barr will be informed if Macon County received it by the end of September/first of October. This grant will cover the</p>		

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	<p>purchase of fitness equipment. The organizations that expressed interest in participating in this grant are Holly Springs Baptist Church, First Methodist Church and Macon County.</p>		
<p>NC Child Obesity Prevention Project</p>	<p>Kathy McGaha reported to the committee members about the North Carolina Obesity Prevention Project. Ms. McGaha said this grant is available through the North Carolina Department of Health and Human Services and the due date is September 3<sup>rd</sup>.</p> <p>Ms. McGaha listed the components to be covered for the grant and also mentioned a contact person for each component:</p> <ol style="list-style-type: none"> <li>1) Health Communication/Social Marketing Plan – Becky Barr of Macon County Public Health Center</li> <li>2) Bicycle/Pedestrian Plan – Michael Grubermann of the Town of Franklin</li> <li>3) Preschool/Child Care – Kimi Stevens of Macon County Public Health Center</li> <li>4) Healthcare – Sherry Dills of Project Access</li> <li>5) WakeMed ENERGIZE – Tiffany Pangle of Macon County Public Health Center</li> <li>6) Hospital Worksite Wellness – Teresa Breedlove of Angel Medical Center</li> <li>7) In-school Prevention of Obesity and Disease – Jennifer Garrett, School Nurse with Macon County Schools</li> </ol> <p>Additional components were:</p> <ol style="list-style-type: none"> <li>1) Schools – Sherry Held, Registered Dietitian with Macon County Schools</li> <li>2) Faith – Jennifer Hollifield with Macon County Public Health Center.</li> <li>3) Farmer’s Market (Macon County did not do this component)</li> </ol>		

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	<p>Ms. McGaha reviewed each component and explained what each one would encompass and what individuals/groups/agencies would be involved with each one.</p> <p>Ms. McGaha also passed around the handouts that will be accompanying the grant application for the committee members to review. Ms. McGaha stated that the Chronic Disease Committee will be the Advisory Committee for this grant. The Grant Award Notification Date is September 12<sup>th</sup>.</p>		
Unnatural Causes Viewing	<p>Due to the discussion length of the topics we reviewed today, this committee could not view <i>Unnatural Causes</i>. Kathy McGaha stated that she would try to show this video at a future meeting date.</p>		
Other Items of Discussion	<p>Other Items of Discussion:</p> <ul style="list-style-type: none"> <li>▪ Jennifer Garrett stated that the Winner’s Circle program is no longer using that name and is not currently being used in our local school system. However, a general snack list is available for use by school staff and parents.</li> <li>▪ Jennifer Garrett reminded the committee members that the school health fairs were fast approaching and to volunteer if possible at one of the health fairs.</li> </ul>		
Next Meeting Date	<p>The next meeting of the Chronic Disease Committee will be held on Wednesday, October 8<sup>th</sup>, from 12:00 Noon – 1:30 PM in the ICU Conference Room at Angel Medical Center.</p>		