

MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee

DATE: March 29, 2011

PLACE: Senior Services Center

TIME: 12:00 N – 1:30 PM

ATTENDEES: Rhonda Blanton, Dorothy Crawford, John Crawford, Kim Gardner, Lisa Hilliard, Stephanie Kinsland, Kathy McGaha and Sheila Southard

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	<p>Sheila Southard welcomed everyone to today’s meeting of the Elder Care and Caregivers Committee. Ms. Southard asked the committee members to review the minutes of the last meeting. Lisa Hilliard motioned for the approval of the minutes. Kim Gardner 2nd the motion, with a unanimous vote for approval.</p>		
Farm Bureau Presentation	<p>Kathy McGaha set up a conference call with Farm Bureau’s Mobile Health Screening Unit representative – Mike Garlow. Ms. McGaha provided this opportunity so the committee members could receive information and ask questions if necessary.</p> <p>Mr. Garlow explained that the mobile unit is a self-contained screening facility which provides four screening stations, a specialty room and a 1,000 square foot awning. The unit will arrive the day before the event and will need a level set-up area.</p> <p>Mr. Garlow listed the health screenings that will be provided:</p> <ul style="list-style-type: none">❖ Blood Pressure❖ Lipid Panel❖ Glucose❖ Body Mass Index❖ Bone Density <p>Mr. Garlow also explained that specialty tests are also offered. There are four possible choices, but only two are offered at each event. The four choices are:</p> <ul style="list-style-type: none">❖ Vascular Ultrasound❖ Skin Damage Assessment❖ Visual Field		

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	<p>❖ Lung Function</p> <p>Mr. Garlow explained that the North Carolina Farm Bureau contracts with US Wellness to conduct the screenings at each event. He stated that US Wellness hires local screeners whenever possible. All results are HIPAA compliant and reported to clients that day except for the Vascular Ultrasound screening which is mailed to each client.</p> <p>Mr. Garlow stated that most clients will complete the screenings in less than 20 minutes. The target number of clients is 200 in an eight-hour period.</p> <p>Ms. McGaha thanked Mr. Garlow for talking to the committee members today.</p>		
Senior Friendly Advocacy Efforts and Feedback	<p>Sheila Southard briefly discussed the recent visit of Richard Duncan. Ms. Southard thanked everyone for helping to cover this event during her absence.</p> <p>Ms. Blanton reported the numbers from the evening and morning event. Ms. Blanton stated that even though the attendance was small for the Wednesday night event, the audience had been very enthusiastic and asked a lot of questions.</p> <p>Ms. Southard said she would like to get feedback from Teresa Murray and Mary Barker on their events and report on this at the next meeting.</p>	Sheila Southard will obtain feedback from Teresa Murray and Mary Barker. Ms. Southard will report on this feedback at the next meeting.	
Other Items for Discussion	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> ○ Reorganization of HCMC – Kathy McGaha informed the committee members about the reorganization of HCMC. Ms. McGaha explained that the Healthy Carolinian State Office has been dissolved and there will no longer be regional representatives at the start of the next 	The committee members will forward ideas and suggestions on what makes HCMC successful to Kathy McGaha.	

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	<p>business year (July 1st). Ms. McGaha stated the current makeup of HCMC will change. Ms. McGaha will move into a new position on July 1st and Ms. Blanton will remain with Healthy Carolinians. Ms. McGaha also asked the committee members to consider what makes HCMC successful and forward these ideas and suggestions onto her. Ms. McGaha stated these ideas and suggestions will be discussed at the HCMC Retreat, which is scheduled for May 24th.</p>		
Next Meeting Date	<p>The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, May 17th, from 12:00 N – 1:30 PM at the Senior Services Center.</p>		