

**MINUTES: Healthy Carolinians of Macon County – Chronic Disease Committee**

**DATE:** March 15, 2011

**PLACE:** Angel Medical Center

**TIME:** 8:30 – 10:00 AM

**ATTENDEES:** Rhonda Blanton, Teresa Breedlove, Jennifer Garrett, Mike Grubermann, Sherry Held, Jennifer Hollifield, April Innis, Kathy McGaha and Sherrie Peeler

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Teresa Breedlove welcomed everyone to today's meeting of the Chronic Disease Committee. Ms. Breedlove asked the committee members to review the minutes of the last meeting. Jennifer Hollifield motioned for the approval of the minutes. April Innis 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Breakfast	Breakfast was provided by Angel Medical Center. Please thank Teresa Breedlove and her staff.		
School Gardens	<p>Kathy McGaha and Jennifer Hollifield updated the committee members on school gardens. Ms. McGaha said that Union Academy had applied for a grant with South Macon Elementary School. Ms. McGaha said the grant was for \$2000.</p> <p>Ms. Hollifield said the idea was for the students at Union Academy to be mentors for the students at South Macon. The idea is to get younger students involved in gardening and encourage them to eat healthy foods.</p> <p>Ms. Peeler said she would contact the two schools and offer assistance or classes with this project.</p>	Sherrie Peeler will contact Union Academy and South Macon and offer possible classes and her assistance with the garden project.	
County Grounds Tobacco Policy	<p>Kathy McGaha next led the committee members into a discussion on the County Grounds Tobacco Policy.</p> <p>Ms. McGaha said at the last Board of Health meeting, the Board had passed a resolution backing the \$1.00 per pack tax increase. Ms. Hollifield said the bill was introduced today in the North Carolina House of Representatives.</p> <p>Ms. Blanton explained that with the Commissioner Simpson not winning his reelection, that Commissioner Kupperts had replaced his position on the Recreation</p>	Rhonda Blanton will contact Commissioner Kupperts about setting up a meeting with this committee.	

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	<p>Board. Ms. Blanton stated it would be hard for Mr. Kupperts to meet during the day since he teaches at the high school. The committee members agreed to meet with him at the high school during his planning period, if he liked that idea. Ms. Blanton will contact him about this possibility.</p> <p>Ms. Hollifield stated that Dawn Wilde had received permission to work on changing the county tobacco policy. Ms. Hollifield stated that Ms. Wilde could not be here today, but would attend the next meeting and update the committee members.</p>		
Other Items for Discussion	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> <li>○ Girls on the Run – Jennifer Hollifield said 14 girls were participating in this program at Mountain View Intermediate. Ms. Hollifield said that a 5K Run is held at the end of the 12-week program. This year the run will be held on May 21<sup>st</sup> in Asheville. Ms. Hollifield said they are looking for Running Buddies for the girls for the run.</li> <li>○ HCMC Retreat – Kathy McGaha stated that a HCMC Retreat had been scheduled for May 24<sup>th</sup>. HCMC’s Board of Directors and the Steering Committee will meet to discuss what priorities for HCMC to discuss and consider what HCMC will look like in the future. Ms. McGaha asked that any suggestion or priorities be passed onto Ms. Breedlove or herself.</li> <li>○ Tobacco Hall of Terror – Ms. Hollifield stated that Ms. Wilde is conducting a Tobacco Hall of Terror at Macon Middle School on March 15<sup>th</sup> and 16<sup>th</sup>. Ms. Hollifield invited the committee members to go by MMS and check this out.</li> </ul>	<p>The committee members can forward any ideas or suggestions for HCMC’s future to Kathy McGaha or Teresa Breedlove.</p>	
Next Meeting Date	The next meeting of the Chronic Disease Committee will be set at a later date.		

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