

Diapering & Diaper Changing Guidelines

- ✓ Diaper changing surface must be smooth, non-absorbent (waterproof), and easily cleanable (no cracks or tears).
- ✓ Diaper changing surface shall be kept free of storage.
- ✓ Clean the diaper changing surface with a mild solution of water and detergent after each use.
- ✓ Label the cleaning solution.
- ✓ Sanitize the diaper changing surface with a solution of 100 ppm chlorine. The sanitizing solution must be in a separate, properly labeled, hand pump spray bottle.
- ✓ Check the strength of the sanitizer with chlorine test strips. Keep the test strips available at all times.
- ✓ To sanitize: spray the chlorine solution on the diaper changing surface, allow it to air dry **or** spray the chlorine solution on the diaper changing surface, wait a minimum of 2 minutes, then dry with a paper towel.
- ✓ Store the cleaning solution and the sanitizer out of reach of the children.
- ✓ All items such as, baby powder, lotion, ointment, Vaseline, etc. that has a warning label “Keep out of reach of children” must be stored in a locked cabinet.
- ✓ Caregivers must use disposable gloves if they have cuts or sores on their hands, or chapped hands. * Hands must be washed after removing the gloves.
- ✓ Caregivers may dispose of feces in diapers in the toilet, but clothes, training pants, or cloth diapers **can not** be rinsed out. Store soiled items in a closed plastic bag and send home daily.
- ✓ Dispose of soiled disposable diapers in a cleanable, plastic lined, covered container and remove to an exterior garbage area at least daily.
- ✓ The children’s hands must be washed in the lavatory after each individual diaper change or infants hands may be cleaned using single use, pre-moistened towelettes.
- ✓ Caregivers must wash their hands after each individual diaper change.
- ✓ Instructional signs must be posted showing proper diaper changing and hand washing techniques.